

The 19th YMFS Sailing Challenge Cup IN Lake Hamana

Sailing Instructions

1. Rules

The Regatta will be governed by the “Rules” as defined in the Racing Rules of Sailing for 2009-2012 (hereinafter shortened to as RRS) and the Japan Sailing Federation Regulations, Relevant Class Regulations for Seahopper SR, FJ and Mini-hopper, Notice of Race and this Sailing Instructions (hereinafter shortened to as S.I). If there is a conflict between these rules, regulations, Notice of Race and the S.I., the Sailing Instructions will take precedence.

2. Notices to Competitors

- (1) Notices to competitors will be posted on the official notice board located at the regatta office.
Flag L with one sound will be made.
- (2) Notices to competitors on the water will be made by flag L being displayed on the starting official boat with one sound.

3. Changes to Sailing Instructions

Any change to the Notice of Race and the Sailing Instructions will be posted at the regatta office 60 minutes before the first warning signal on the day will take effect.

4. Signals Made Ashore

- (1) Signals made ashore will be displayed from the staff in front of the regatta office.
- (2) Flag AP is displayed ashore with two sounds means, ‘Boats are requested not to go afloat as the race has been postponed. A new warning signal will be made not less than 30 minutes after flag AP is removed.’ (When flag AP is removed, one sound will be made.)
- (3) Flag AP is displayed over the class flag means, ‘The race of the class has been postponed.’

5. Schedule of Races

Thursday March 24th

9:00~14:30 Registration/Measurement Checks

Sailing on the water (voluntary)

15:00~17:30 Seminar (Room No.1)

Friday March 25th

7:30~ Registration/Measurement Checks

9:00~ Opening Ceremony/ Skippers meeting

10:25~ The first (Race 1) warning signal (scheduled time)
(Race 2)

13:00~ (Race 3 ~ 4)

16:30~18:00 Seminar (Room No.2)

Saturday March 26th

9:25~ The first (Race 5) warning signal (scheduled time)
(Race 6 ~ Race 8)

16:30~18:00 Seminar (Room No.2)

Sunday March 27th

9:00~ The first (Race 9) warning signal (scheduled time)
(Race 10)

10 races are scheduled for all classes.

13:30 Closing ceremony (Announcement of the results)

6. Class Flags

Class	Class Flag
Seahopper SR	Seahopper SR class flag
FJ	FJ class flag
Mini-hopper	Mini-hopper class flag

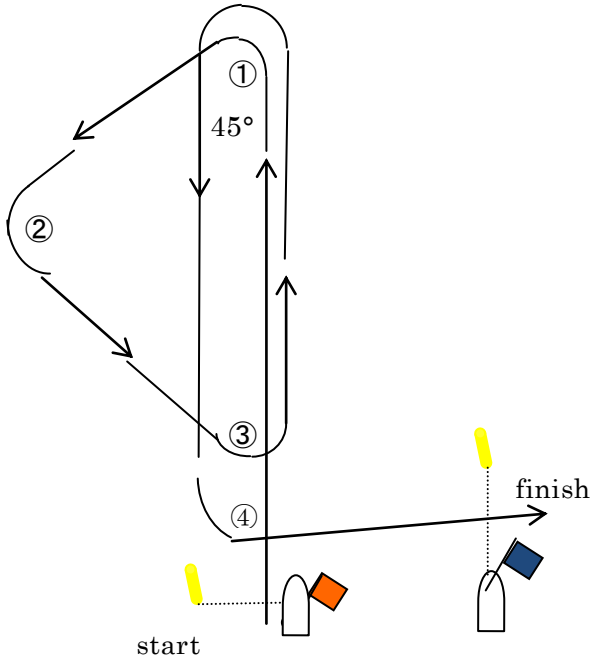
7. The Courses

The courses to be sailed will be trapezoid courses for all races. The diagrams below show the courses including the order in which marks are to be rounded or passed, and the side on which each mark is to be left. The angle of the courses from mark ④ to the finishing line will be discretionary.

< For Seahopper SR & FJ >

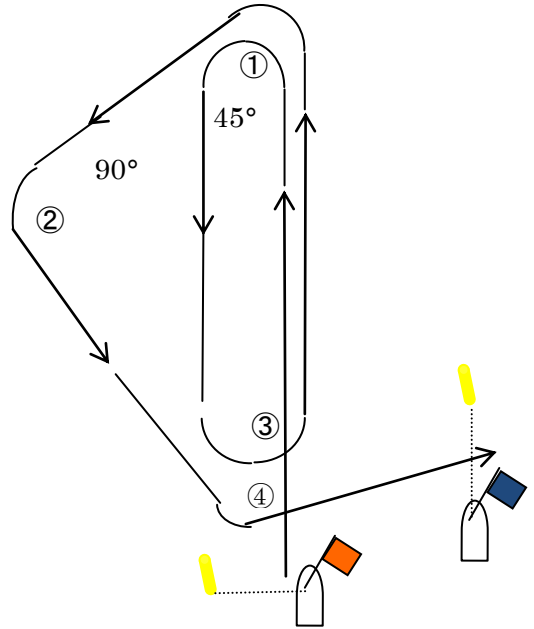
Course 1 (Pennant 1 will be displayed
5 minutes before the race)

S → ① → ② → ③ → ① → ④ → F

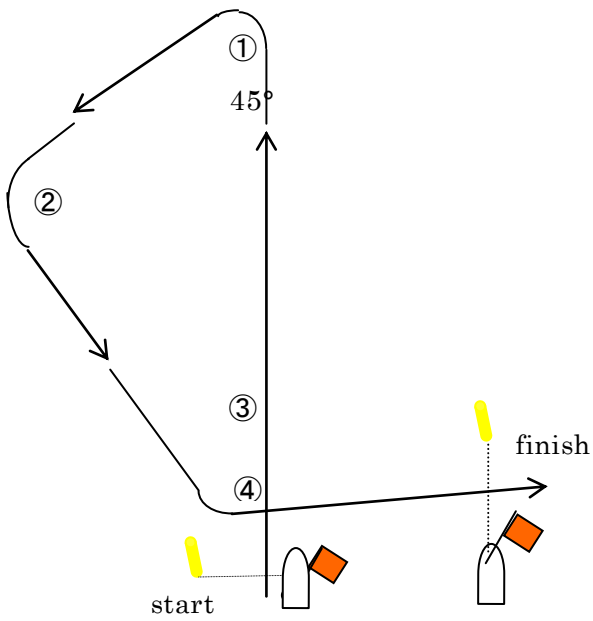


Course 2 (Pennant 2 will be displayed
5 minutes before the race)

S → ① → ③ → ① → ② → ④ → F



< For Mini-hopper > S → ① → ② → ④ → F



8. Marks

- (1) Marks ①,②,③ will be orange triangular buoys, marks ④ will be red cylindrical buoys.
- (2) The starting marks and the outside finishing buoys will be yellow cylindrical buoys.
- (3) When a mark is missing or out of position, a race committee boat displaying flag M will stay on the original position.

9. The Start and the Signals

- (1) The starting line will be between a staff on an orange flag on the starting committee boat and the yellow cylindrical buoy.
- (2) Race will start under RRS26.

Time	Signal	Flag	Sound Signal
5 minutes before starting signal	warning signal	display the class flag & the course flag	1 sound
4 minutes before	preparatory signal	flag P or flag I or Black flag	1 sound
1 minute before		preparatory signal, remove the course flag	1 sound
0	starting signal	remove the class flag	1 sound

- (3) The order of the starts will be Seahopper SR, FJ and Mini-hopper. There may be changes in the order for various reasons. In such case, the order of the starts and the starting sequence for other races will be posted on the starting committee boat.
- (4) No pennant will be displayed to show the course for Mini-hopper.
- (5) A boat starting later than 4 minutes after her starting signal will be scored as Did Not Start (DNS) without hearing, as the starting line for the class disappears.
- (6) No warning signal for every class will be made after 12:01 on the last day of the regatta.

10. The Postponement of the Race

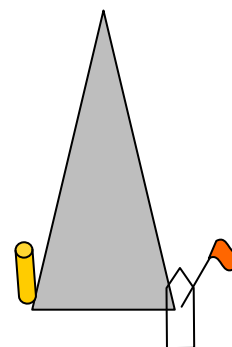
- (1) When a race is postponed, flag AP will be displayed on the starting committee boat with 2 long sounds.
- (2) When each succeeding race starts after the postponement, warning signal will be made 1 minute after the flag AP is removed. (1 long sound)

11. Recall

- (1) In case of recall, the starting committee boat will display flag X with a long sound under RRS29.1.
- (2) The flag X shall be removed when the recalls are canceled for all relevant boats or 4 minutes after the starting signal, whichever is earlier.

12. General Recall

- (1) When at the starting signal the race committee is unable to identify boats that are on the course side of the starting line, the First Substitute will be displayed with 2 long sounds under RRS29.2.
- (2) 'Black Flag Rule' is that no part of a boat's hull shall be in the shading triangle below during the minute before her starting signal, and if a boat breaks this rule, she shall be disqualified.
- (3) If a general recall is signaled in the race where RRS30.3 Black Flag Rule applies, the race committee shall display her sail number at the rear of the starting committee boat. These boats shall be requested to leave the racing area immediately. If the race is restarted or resailed or rescheduled, she shall not sail in it. (RRS30.3)
- (4) If a boat breaks 'Black Flag Rule', she shall be excluded from the racing area at Mark ①. If the sail number is called, the relevant boat shall be requested to leave from the racing area and stay under the instruction from the official boat.



13. Changing courses after the Starting Signal

- (1) Any change to courses will not be made during the race. However, when there is a drastic change in the wind direction after the starting signal, the race shall be cancelled and new start shall be made.

14. Shortening courses

- (1) When a course is shortened during the race, flag S will be displayed on the racing committee boat with 2 sounds under RRS32.
- (2) If a course is shortened, the finishing line will be between the finishing mark and a staff displaying flag S on the racing official boat.
- (3) Flag S is displayed over a class flag, means 'The course for the relevant class has been shortened'.

15. Finish

- (1) The finishing line will be between a staff displaying Blue flag on a racing committee boat and a yellow cylindrical buoy. This, however, does not apply in shortening a course under the Sailing Instructions 14.
- (2) When the first boat finishes, 1 sound will be made.

16. Time Limits

Boats failing to finish within 15 minutes after the first boat sails the course and finishes will be scored Did Not Finish.

17. Scoring

- (1) The low point Scoring System of Rules Appendix A will apply.
- (2) 10 races are scheduled for all classes in this regatta. 3 races are required to be completed to constitute a series. When 5 or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score.
- (3) If there is a series tie, the tie shall be broken under RRS A8.
- (4) The number of boats entered is the number of boats accepted for entry.

18. Safety Regulations

- (1) A boat that retires from a race shall notify the official boat. The boat shall follow the instruction from the race committee.
- (2) The boat shall deliver retirement report at the regatta office as soon as she returns.
- (3) Each crew shall wear life-jackets at all time while afloat, excluding the short time while wearing and taking off them.
- (4) When a boat is capsized, stay close and hold on to the boat. When in need of rescuing, wave your hands with your palms wide open.
- (5) For the sake of safety, the race committee may compel the boat to retire during the race.

19. Penalty and On the Judge System Replacing Disqualification

- (1) When a boat that has broken rules of part 2, RRS44.1 and 44.2 (2-turns penalty) will apply.
- (2) A special procedures for breaking Appendix P, Rule 42 will be taken.

20. Protests and Requests for Redress

- (1) The protestor shall try to hail 'Protest' to express the intention of protest to the protest as much as possible. When the protestor has finished the race, the protestor shall notify the racing committee boat of the sail number of the protest.
- (2) Protest forms are available at the race office. Protest forms shall be delivered there within 60 minutes after the last boat of each class has finished the last race. However, this time may be extended at the discretion of the Protest Committee.
- (3) Hearings will be arranged in order of reception. Notices to competitors of when and where hearings will be held, will be posted on the official notice board.

21. Check-in/Check-out

- (1) Competitors of each boat shall sign and deliver the check-in form at the regatta office every time the boat leaves the harbor.
- (2) The check-in form will be accepted 40 minutes before the scheduled time of the first warning signal of the day.
- (3) Competitors of each boat shall sign and deliver the check-out form at the regatta office every time the boat returns there after the race has finished. Check-out is accepted no later than 60 minutes after the last boat has finished the last race of the day.
- (4) Signing and delivering the forms shall be made on his/her own.

22. Damages of Loaned Boats and Refits

- (1) No resail or abandonment of the race will be acceptable for any reason due to the damages in boats, sail and other equipments.
- (2) Making a hole or refits shall not be made.
- (3) Equipments shall be returned as they are on loan.
- (4) When a loaned boat is damaged or equipment is lost, actual expenses will be charged.
- (5) The race committee will not bear any liability for the differences in terms of its performance of loaned boats, sails and equipments.
- (6) Charter boats shall be returned after the last race on the final day has finished.

23. Special Regulations in This Regatta

- (1) A boat or equipment may be inspected at any time during the race after the measurement check.
- (2) Any seahopper SR shall be mounted with an anchor, an anchor line and a paddle.
- (3) Any FJ shall be mounted with an anchor and an anchor line.
- (4) The edge of a bow plate shall be tied with mooring rope (with more than 6 mm diameter, with the length of more than 5 m). Each crew shall make sure that the boat has bow rope as some charter boats may not.
- (5) In this regatta, sails are not required to be authentic for minihopper. However, the class mark and the sail number shall be attached in their designated position.
- (6) In this regatta, a boom vang for minihopper may be replaced with another one. However, up to 2 ropes for the boom vang will be acceptable. and up to 1/8 as for the number of tackle for boom vang.
- (7) Leading boats shall be mounted with a handy GPS if requested by the race committee. However, competitors were not allowed to request for redress with the handy GPS.

24. Race Area

The race area will be on offshore from Mikkabi Youth Center.

25. Prizes

(1) Prizes will be given to highly placed competitors.

Seahopper SR	(overall)	1 st ~6 th
	(girls)	1 st ~3 rd
FJ	(overall)	1 st ~3 rd
	(girls)	1 st
Minihopper	(overall)	1 st ~3 rd
	(elementally school)	1 st ~3 rd
	(girls)	1 st

※ If the number of boats entered exceeds 30 for each class, prizes will be given to the overall top 6 teams for the relevant class.

(2) Special Prize will be awarded to the top teams between clubs.

- ① Each club's score shall be the total of the best score in each class in the same club.
The clubs with the lowest score will be awarded.
- ② If there is any club which doesn't participate in the series of all classes, this club's score shall be the overall score of the best score in each class which the club participates in and plus the half of the number of the boats of the class which the club doesn't participate in.

26. Support Boats

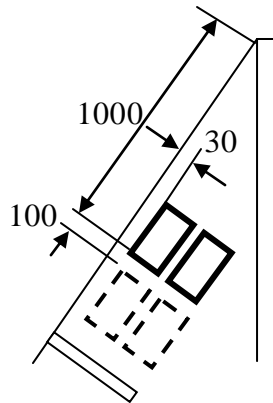
- (1) Any club shall apply for the use of a support boat at the registration before the regatta starts.
- (2) Support boats shall stay outside the racing area after the 1st warning signal, except for being requested to participate in rescuing any boats.
- (3) Support boats shall report to the organizing committee at the time of a departure and a return.
- (4) Support boats shall be kept in its assigned places during the regatta according to the instruction of the organizing committee.

27. Official Boats

- (1) If support boats shall be marked with any specific flag, this will be posted on the official notice board on the day of the regatta.

28. Recall Numbers

- (1) When there are a lot of boats entered in the same class, recall numbers may be distributed at the race office.
- (2) Recall numbers shall be attached as specified below.
Recall numbers shall be attached on the starboard side.
- (3) All notices by the race committee will be made referring to these recall numbers for each class to which recall numbers are distributed.



Note: Allowing a margin of error for the figure which specifies the position to be attached.

29. Pennants

- (1) Overall top 3 teams and crews will be distributed pennants, a yellow pennant for the 1st place, a red pennant for the 2nd place, a blue pennant for the 3rd place at the race office before the first race of the day. These boats shall participate in races with the pennant attached on their sail.
- (2) These pennants will be distributed before the first race starts on 26th and on 27th.

30. Trash Disposal

Boats shall not put trash in the water. Competitors may hand trash to support boats and racing official boats.